# Recognizing and Addressing Implicit Bias in Bankruptcy Proceedings

CHRISTOPHER M. ALSTON, U.S. BANKRUPTCY JUDGE, WESTERN DISTRICT OF WASHINGTON FRANK W. KOGER BANKRUPTCY SYMPOSIUM

AUGUST 20, 2021

### **OBJECTIVES**

- ► Understand what implicit bias means and how it may influence our decisions
- ► Understand that being implicitly biased does not necessarily mean we act in explicitly biased ways
- Learn to recognize some behaviors that may suggest bias or differential treatment
- ▶Learn some techniques that help debias perceptions and improve interactions

# What are your cultural groups?

"... GROUPS OF PEOPLE WHO CONSCIOUSLY OR UNCONSCIOUSLY SHARE IDENTIFIABLE VALUES, NORMS, SYMBOLS, AND SOME WAYS OF LIVING THAT ARE REPEATED AND TRANSMITTED FROM ONE GENERATION TO ANOTHER."

### IMPLICIT BIAS

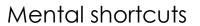
▶Bias that results from the tendency to process information based on unconscious associations and feelings, even when these are contrary to one's conscious or declared beliefs.

"We don't deliberately choose our unconscious attitudes. And . . . we may not even be aware of them. The giant computer that is our unconscious silently crunches all the data it can from the experiences we've had, the people we've met, the lessons we've learned, the books we've read, the movies we've seen, and so on, and it forms an opinion."

Malcolm Gladwell, Blink: The Power of Thinking Without Thinking (2005)

### SCHEMAS







Organize & categorize information



Automatic

#### **EVERYONE HAS SCHEMA/IMPLICIT BIAS**

- ▶a <u>preference</u> for a group (positive or negative)
- ▶often operating <u>outside</u> <u>our</u> <u>awareness</u>
- ▶based on <u>stereotypes</u> and <u>attitudes</u> we hold
- ▶that tend to <u>develop</u> <u>early</u> in life
- ▶and tend to <u>strengthen</u> over time

#### **Attitudes**

Evaluative feelings that are positive or negative

#### **Stereotypes**

Traits we associate with a category

### Implicit Bias in Bankruptcy: Examples

A 2012 study found that African Americans are much more likely to file chapter 13, as compared to debtors of other races.

As of 2015, approximately 7 percent of active bankruptcy judges were people of color and 31 percent of bankruptcy judges were women.

Could implicit bias play a role in these results?

How might implicit bias affect other aspects of the bankruptcy process?

### DEBIASING

### **EDUCATION**

**Awareness** 

Mindfulness

### **EXPOSURE**

Contact

Positive exemplars

**Environment** 

### **APPROACH**

Higher level processing, (e.g., writing)

Reduced cognitive load

Checklists

Procedural / organizational changes

## "Motivation to be fair makes a difference."

Jerry Kang, Implicit Bias, A Primer (2009)

# The good news is—

What three things will you start doing today to debias?

1.

2.

3.



# THANK YOU